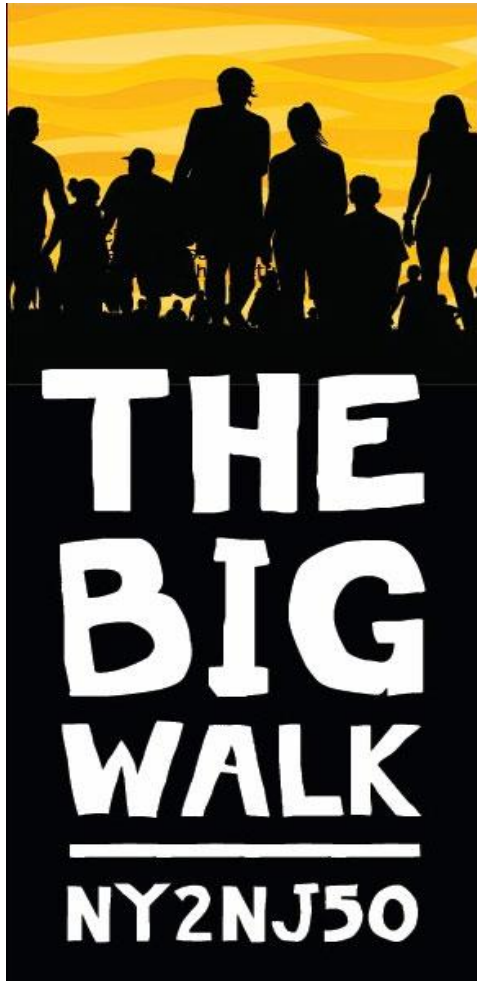


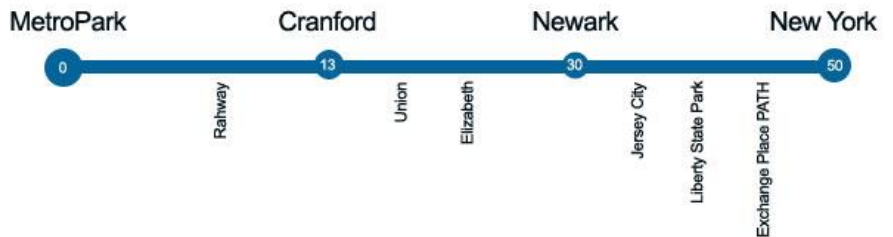
“The Big Walk”

7th Annual One-day 50-Mile Walk

New Jersey to New York



Event **The Big Walk - NJ2NY50**
 Date **Saturday, May 21, 2016**
 Time **6:00 a.m. – 11:00 p.m.**
 Start - **Metropark, Iselin, NJ**
 (or meeting points along way)
 End - **Penn Station, 32nd St., NYC**
 More >> **NJ2NY50.ORG**



It's Free! Open to Everyone!

The NJ2NY50 is a one-day long distance walk along the East Coast Greenway that starts in New Jersey and ends in New York City encouraging public participation. Our objective is to walk 50 miles (or less if you prefer) through various communities and commercial areas in our metropolitan area.

- GET FREE**
- GO EXPLORE**
- MEET UP**
- CHALLENGE YOURSELF**
- TRACK YOUR PROGRESS**
- CONTRIBUTE TO TRAILS**

Join with us at various points along the East Coast Greenway.
Adventure to places you probably have not seen up close.
Join other walkers and advocates of pedestrian rights.
Set your own personal walking goal. Walk 50 or less.
Sign up as a Cross-Jersey Challenger and see how well you do.
Help support the East Coast Greenway Alliance with a donation



Supporting the trail system that spans nearly 3,000 miles between Canada and Key West



East Coast Greenway
www.greenway.org

Organized by FreeWalkers.org
 the long-distance walking network

